

breakfast parfaits

change the yogurt flavor, vary the fruit and granola—make it different every day

Servings: varies with quantity

ingredients:

Yami yogurt—any flavor
granola or chopped nuts
fresh fruit or berries
whipped cream (optional)
mint leaf (optional)

preparation:

Have fun with this one—feel free to be adventurous with your layering choices!

Choose any flavor of Yami yogurt and alternate layers of yogurt with your favorite granola or chopped nuts, berries or other fruit such as sliced bananas. If you are using a very juicy fruit, like pineapple, drain it well first. You could even select two of your favorite yogurt flavors and alternate them in the layering.

If you're feeling fancy, top with whipped cream, and garnish with a mint leaf.

Yami[®]
yogurt